DO I NEED TO ISOLATE OR QUARANTINE?

**PATHWAY 1**

**If Person A is you...**
You will need to isolate at home.
If you are symptomatic, the following must be true before you leave isolation:
• At least 10 days has passed since your test.
• Your symptoms have improved.
• You've spent at least 24 hours with no fever (without fever-reducing medications).
If you are asymptomatic, isolate until 10 days have passed since you tested positive. Contact the Student Health Center at 504-865-5255 for assistance.

**If Person B is you...**
Contact the Student Health Center at 504-865-5255 for advice on next steps. Quarantine and self-monitor for 14 days.

**If Person C or D is you...**
Stay home as much as possible, but if you must go out, wear your mask and practice social distancing. If you develop symptoms, contact the Student Health Center at 504-865-5255 for assistance.

**PATHWAY 2**

**If Person W is you...**
You will need to isolate at home until you receive your test results.
If you test positive, the following must be true before leaving isolation:
• At least 10 days has passed since your symptoms first appeared.
• Your symptoms have improved.
• You've spent at least 24 hours with no fever (without fever-reducing medications).
Contact the Student Health Center at 504-865-5255 for assistance.

**If Person X is you...**
Contact the Student Health Center at 504-865-5255 for advice on next steps.

**If Person Y or Z is you...**
Stay home as much as possible, but if you must go out, wear your mask and practice social distancing. If you develop symptoms, contact the Student Health Center at 504-865-5255 for assistance.

**What is a close contact?**
Based on CDC guidance, a close contact is defined as any individual who was within 6 feet of a confirmed COVID-19 positive person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection).

**Important Contacts:**
24/7 Nurse Advice Line: 504-862-8121
The Line (24/7 Mental Health Crisis Support): 504-264-6074
On Campus Emergencies (TUPD): 504-865-5911 (uptown) 504-988-5555 (downtown)

Campus Health
TULANE UNIVERSITY