

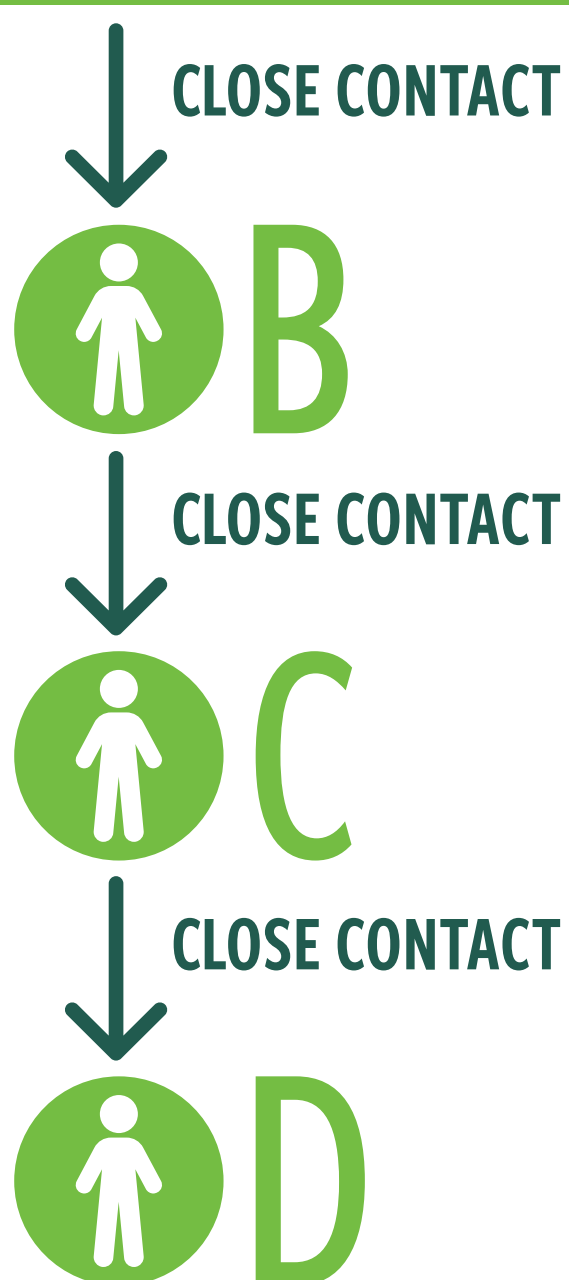
DO I NEED TO ISOLATE OR QUARANTINE?

be
COVID-19
safe

PATHWAY 1



Person who has tested positive
OR has symptoms of COVID-19.



If Person A is you...

You will need to isolate at home.

If you are symptomatic, the following must be true before you leave isolation:

- At least 10 days has passed since your test.
- Your symptoms have improved.
- You've spent at least 24 hours with no fever (without fever-reducing medications).

If you are asymptomatic, isolate until 10 days have passed since you tested positive.

Contact the Student Health Center at **504-865-5255** for assistance.

If Person B is you...

Contact the Student Health Center at **504-865-5255** for advice on next steps. Quarantine and self-monitor for 14 days.

If Person C or D is you...

Stay home as much as possible, but if you must go out, wear your mask and practice social distancing. If you develop symptoms, contact the Student Health Center at **504-865-5255** for assistance.



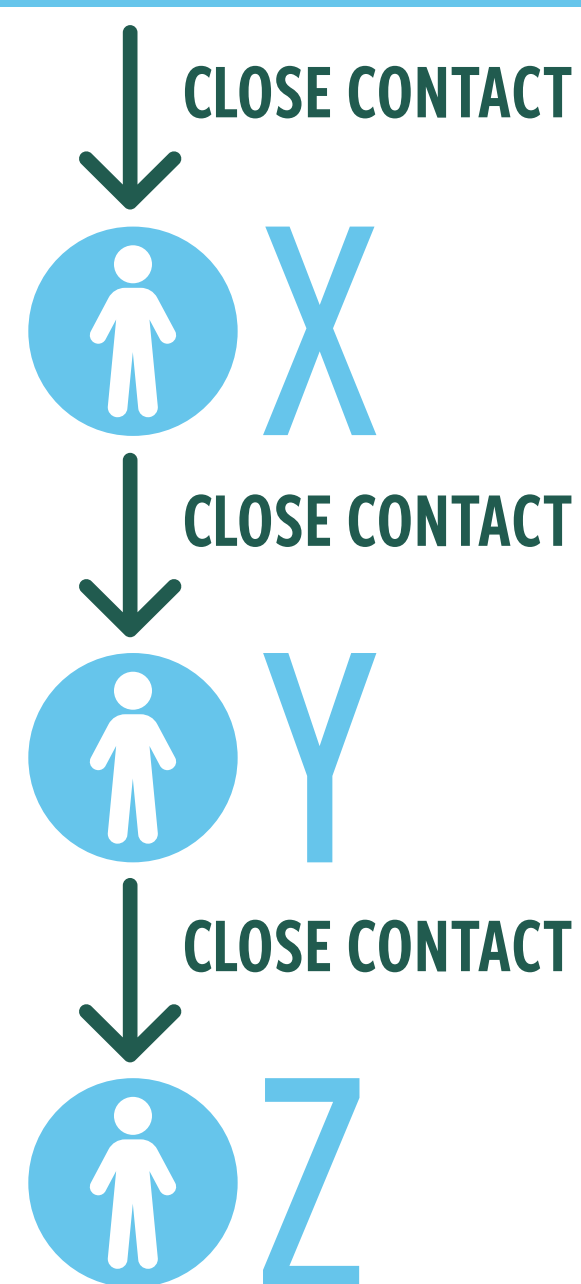
What is a close contact?

Based on CDC guidance, a close contact is defined as any individual who was within 6 feet of a confirmed COVID-19 positive person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection).

PATHWAY 2



Person with symptoms who **WAS TESTED** and is awaiting results.



If Person W is you...

You will need to isolate at home until you receive your test results.

If you test positive, the following must be true before leaving isolation:

- At least 10 days has passed since your symptoms first appeared.
- Your symptoms have improved.
- You've spent at least 24 hours with no fever (without fever-reducing medications).

Contact the Student Health Center at **504-865-5255** for assistance.

If Person X is you...

Contact the Student Health Center at **504-865-5255** for advice on next steps.

If Person Y or Z is you...

Stay home as much as possible, but if you must go out, wear your mask and practice social distancing. If you develop symptoms, contact the Student Health Center at **504-865-5255** for assistance.

Important Contacts:

24/7 Nurse Advice Line: 504-862-8121

The Line (24/7 Mental Health Crisis Support): 504-264-6074

On Campus Emergencies (TUPD):

504-865-5911 (uptown) 504-988-5555 (downtown)



Campus Health
TULANE UNIVERSITY